

Balavikas Youth Competition

2020 Recitation

Elementary I

Satyam or truthfulness is the means to govern our inner world of mind and intellect. The outer world is a great university providing us with innumerable opportunities from which to learn.

When these experiences have been well churned in our mind and the intellect has come to a firm decision, we must have the honesty and conviction to act upon it.

When we do not make the full use of our mind and intellect, they lose their efficiency and we suffer as a result.

Religion constantly reminds us to exercise our mind and intellect through its insistence upon the principle, "Be truthful to your previously gained wisdom."

Thus, truthfulness enjoins us to live according to our intellectual convictions. We all have ideals, but we often fall prey to our senses and compromise with them. This is dishonest living. Our dignity depends on our ability to live up to our convictions at all times.

- Swami Chinmayananda
Three Principles of Hinduism